



# Living Well North Tyneside

Supporting Health and Wellbeing

Weekly DJ sessions for people with learning disabilities and autism aged 16 plus, supported by a professional DJ. The Twisting Ducks Academies offer a supportive and stimulating environment for participants to develop their creative skills, increase their confidence, and improve their health and wellbeing. DJs can progress to DJ at our World Headquarters club night FRESH.

Thursdays, 3:45pm – 5:45pm at The Heaton Centre, Trewhitt Road, Newcastle, NE6 5DY.

Cost: £16 per session.

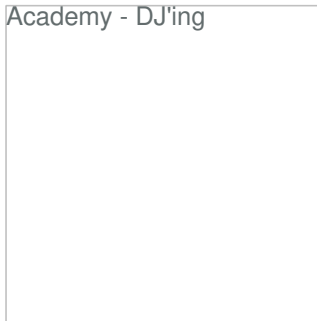


[learning](#)

[difficulties](#) |

[DJ'ing](#) | [friendship group](#) | [autism](#) | [music](#) | [DJing](#)

Academy - DJ'ing





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