



Living Well North Tyneside

Supporting Health and Wellbeing

- Information about stroke and transient ischaemic attack (TIA)
- How to reduce the risk of stroke
- Welfare rights and benefits
- Statutory and voluntary organisations
- Organisations which support families and carers
- Health and social care services
- Stroke peer support services
- Stroke support groups

If you need assistance please contact the stroke information line on 0191 293 4326 or mobile 07814615771

we also deliver this service in Northumberland, for more about this, contact Kathryn Maidment 07814615523



[stroke](#) | [stroke advice](#) | [stroke clubs](#) | [transient ischaemic attack tia](#)



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<https://www.nhs.uk/conditions/stroke/>



Last Updated - 13th December 2023

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